The hospital setting as key sector – Interface management with focus on rational drug prescribing

The Swedish example

*Rickard Malmström, MD PhD
Assoc Professor, Senior Consultant
Head, Drug Safety and Evaluation Sector
Clinical Pharmacology
Karolinska University Hospital



*Conflicts of Interest: none to declare

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Swedish healthcare

Financed by taxes

Organized in independent counties* ("landsting")

Healthcare responsibilities divided at the national, regional and local level

Traditionally most public healthcare providers

Traditionally dominated by hospitals

Sophisticated reimbursement system

Drug budget devolution ongoing

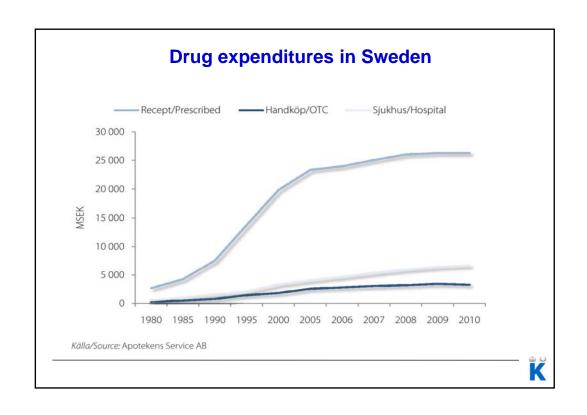
Pharmacy deregulation ongoing

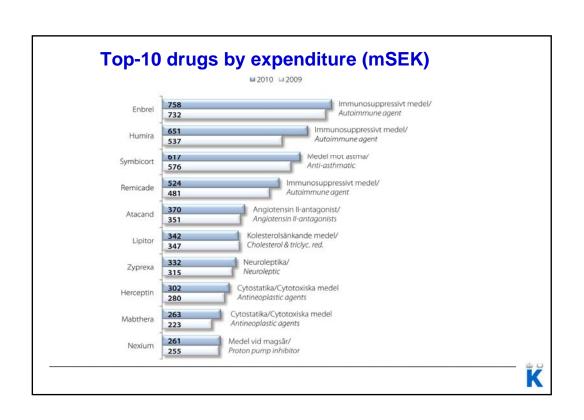
Law on Drug and Therapeutics Committees





^{* 21} counties, largest is Stockholm County with 2 million inhabitants: one fifth of Sweden's population





Recent Swedish reforms to promote rational drug use

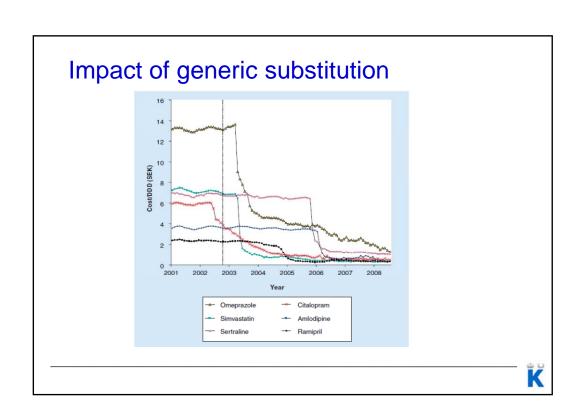
National

- Transfer of costresponsibility from state to regions (counties)
- Generic substitution
- TLV (Pharmaceutical Benefits Agency)
 - value based pricing
 - reviewing reimbursement
- National quality registers & quality indicators

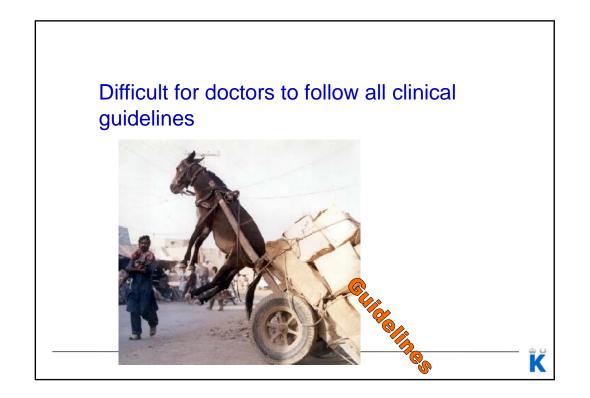
Regional

- Drug and Therapeutics Committee
- Wise Drug list
- Electronic decision support systems
- Feedback on prescribing patterns
- Prescribing targets
- Incentives & budgets









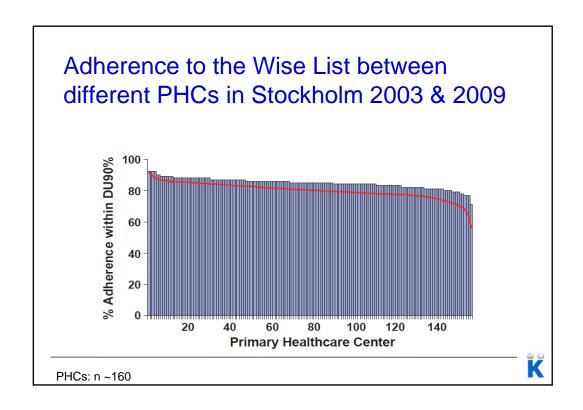
Kloka Listan - the Wise Drug list

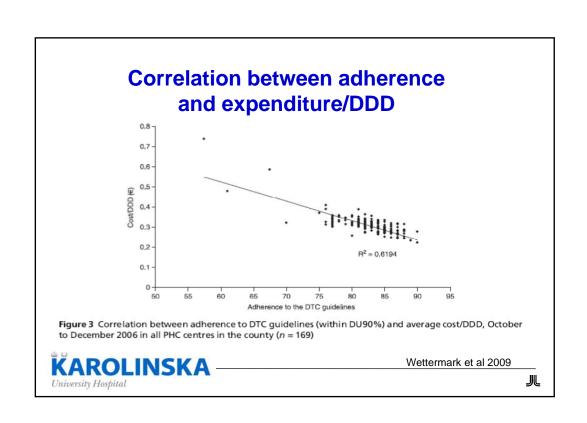
- Fusing EBM & Drug recommendations w Costeffectiveness
- Issued annually by the regional Drug and Therapeutics Committee
- Focus on the rational choice of drugs for common diseases in outpatient care
- Drugs selected by 20 expert groups, eg cardiovascular, respiratory, GI, psychiatry etc
- •Expert groups consist of therapeutic area specialists (hospital consultants), clinical pharmacologists, GPs, & pharmacists
- Information campaigns towards prescribers (and patients/the public)
- Electronic version at www.janusinfo.se





Prescription pattern feedback to hospital clinics and PHCs using eg the DU90% prescribing profiles Adversor to be guideline within DU00% = 77% DU 90% = 169 substances Total 853 substances with DO0 **North Mark | State | State





No correlation between adherence to Wise List recommendations and achieving HbA1c, BP and Cholesterol Targets = Similar efficacy to a lower cost

Table 3 Association between the adherence to guidelines and the proportion of patients reaching target levels in each age group in different primary care centres

Effect	OR	Low 95% CI	Up 95% CI	p-Value
% Recommended antidiabetic agents	1.03	0.84	1.26	0.79
% Recommended lipid-lowering agents	1.02	0.92	1.12	0.75
% Simvastatin to all statins	1.00	0.91	1.10	0.99
% ACE-inhibitors of all RAAS	0.95	0.90	1.01	0.07
DU90% adherence antihypertensives	0.94	0.84	1.05	0.31

Presented as odds ratios (OR) per 10 percentage units of the 'prescriptions' following recommendations with 95% confidence intervals (CIs) and p-values for a log-linear trend. RAAS, drugs acting on the renin-angiotensin-aldosteron system; ACE, angiotensin converting enzyme.



Norman et al 2009



Changing landscape

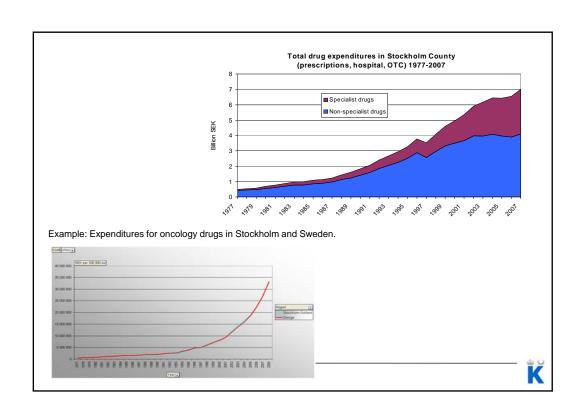
Top 10 by cost - Stockholm County

1999

- 1. Omeprazol
- 2. Orlistat
- 3. Factor VIII
- 4. Citalopram
- 5. Simvastatin
- 6. Somatropin
- 7. Budesonide
- 8. Sumatriptan
- 9. Erythropoietin
- 10. Metoprolol

- 2010
- 1. Etanercept
- 2. Adalimumab
- 3. Factor VIII
- 4. Formoterol + budesonide
- 5. Infliximab
- 6. Olanzapine
- 7. Interferon beta
- 8. Methylphenidate
- Trastuzumab
- 10. Candesartan







Stockholm model to introduce new drugs in healthcare Drug development in the pharmaceutical industry Phase II Phase III Approval Phase IV Evaluation **Evaluation** Quality scanning assessment Forecasting Managed **Health Economical** introduction studies

Early warning (Early evaluation)

- •Report published 3-6 months pre-launch
- •An "early critical drug evaluation incl. consequence analysis"
- •Description of the drug & pharmacology, the patient group (population size), current treatment alternatives, clinical efficacy and safety, estimated unit cost for the drug & an estimate of the clinical, service and financial impact

Forecasting

- •Expenditures for the coming two years estimated...
- •Regression analyses for all pharmacological groups
- Adjusted for newly registered drugs and new indications
 drugs expected to be launched during the period
- •Adjusted based on position in "life cycle", patent expiries & introduction of generics, biosimilars





Managed introduction of new drugs

Critical Drug Evaluation

Clear guidelines on criteria for using the drug (or when the number of prescribers is limited a consensus agreement)

Information and education

Data collection to determine if the drug is used according to the guidelines

Monitoring of relevant effects and adverse events, in relation to established therapy.

Health economical calculations based on a healthcare- and societal perspective



Introduction of new drugs will likely often occur first in hospital clinics

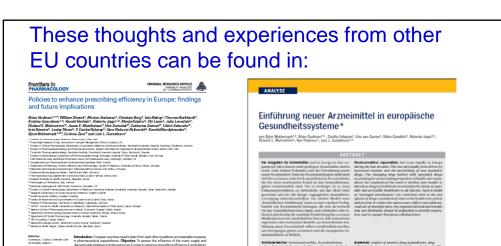
Highly specialized drugs may only occur there

Trend setters for presciption patterns on a national, regional and local level

A need for collection of real-life data on relevant information, effects (clinical and laboratory data) and adverse events, from patient hospital charts

Data from Quality Registries is an alternative when applicable.





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*Aus dem Englischen übersetzt von Susanne Sollmann, WidD.

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There is still limited information on how the patients use the drugs...



Thank You for your attention!

"Are you sure this is the only way the nicotine patch will work for you?!"

